

Beavers Disability Awareness Badge

Play A Game Where You Can Only Sit Down Or Use One Hand

Games[©]

By Samantha Eagle

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Overview

For this task the children will play a series of games pretending they have different physical disabilities.

Preparation Before The Meeting

All handouts can be found in this document

1. Print out copies of the 'Pictures of Directions/Leader Speak

Directions/Leader Speak

1. **Speak** – The next task we need to carry out for our 'Disability Awareness' badge is to try some games while pretending to have some different physical disabilities
2. **Speak** – So let's play the first one...

Game One – Throw & Catch - No Use Of Legs

1. **Directon** - Make a circle with chairs
2. **Speak** – For this game we are going to throw and catch the ball to each other whilst sitting on our chair. So we have no use of our legs
3. **Speak** – If the ball falls onto the floor one of you will have to get off your chair remembering that you cannot walk and crawl along the floor to get the ball
4. **Speak** – Try to get some of them to deliberately drop the ball

Game Two – Throw & Catch – With One Hand

1. **Speak** – For this game we are going to stand behind our chairs and throw the ball to each other using one hand. So we have no use of one of our hands

Game Three – Pretend Volleyball – With No Use of Legs

Materials Needed

- A large soft ball
 - You don't need a volleyball net just setup some chairs in a line to act as the separator
 - Depending on your floor surface you may need to use kneepads or tie some thick long socks or other padding to their knees
1. **Speak** – For this game we are going to play volleyball on our knees because we have no use of the bottom part of our legs
 2. **Direction** - Play the game for 5 minutes. Ask them how they felt.

Game Four – Dressing Relay – With Use of One Arm

Materials Needed

- 1 x Sweatshirt for each team of six
1. **Speak** – For this game we are going to play 'Dressing Relay' using one arm
 2. **Direction** - Split your group into teams of 6 or equal numbers
 3. **Direction** - Have a start and end point across each end of your room
 4. **Direction** - On your word go the first child runs to other end and picks up a sweatshirt and puts it on with one arm they then run back to their team and takes it off with one arm to pass to the next child
 5. **Direction** - The second child puts on the sweatshirt with one arm runs to the end station and takes it off then runs it back to give it to the third member and so on. The first team to have all children put and take off the sweatshirt are the winners

Game Five – Piggy In The Middle – Without the use of your Arms

Materials Needed

- 1 x large soft ball
1. **Speak** – The next game we are going to play 'Is Piggy in the Middle'
 2. **Direction** - Split your group into two and get one half to kneel down on one side and other half on the other side so that you have space in the middle for a couple of 'piggies'
 3. **Direction** - Now someone from one team throws the ball across the room to the other team and the piggies in the middle have to try to block it but cannot use their arms so they have to block it and try to catch it or stop it with their legs
 4. **Direction** - Let it run for a couple of minutes and switch the piggies