

Beavers My World Challenge Award

Do Your Best And Show You Have Kept Your Beaver Promise. Share Or Talk About What You Have
Done With Your Colony Or A Leader

Acts of Kindness - Smilestones®

By Samantha Eagle

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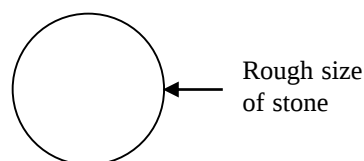
Overview

The children will make their own “Smilestones”. These are tiny stones which display a smiley face. The idea of “Smilestones” is to leave them for someone but don’t tell them that you left it there. It should make the receiver smile and feel good.



Preparation Before The Meeting

1. Let the children know that they are going to be making “Smilestones” as part of “Acts of Kindness” for their badge. Ask them to find about 6 stones each and bring them in so they can paint them next week. Show them an example of the size that you want them to collect. The size is roughly 2cm wide by 2cm high, it doesn’t have to be exact
2. Print and cut out the picture of the smilestones – found in this document you just need one to leave on each desk to give the children an example of how to paint the stones



Materials Needed

- 6 stones for each child
- Different coloured glossy paint thick enough to paint the base of the stones
- ‘Thinish’ black paint to paint the face
- 1 **Thin** size paintbrush per child
- 1 **Very thin** paintbrush per child (the children can share this one because they won’t be using it for long)
- Newspaper sheet per child for them to work on
- A small bag each to keep their smilestones in before they use them

NOTE: Some children will undoubtedly forget to bring in some stones or may bring some in that are too big, therefore it would be a good idea to collect some for yourself.

Preparation At The Meeting

1. Layout tables and the materials for the children to paint their stones

Directions/Leader Speak

1. **Speak** – Staying with the ‘Acts of kindness’ theme we are now going to make some ‘Smilestones’. These are tiny coloured stones with smiley faces on them. You are going to leave them in places that will make someone smile. For example, you could leave one: on your teacher’s desk, the doorstep of an old person that lives near you, on your mum’s pillow or anywhere where someone will find it. By doing this it will make them smile and feel good and maybe they will do the same for someone else. This is another act of kindness you can show to someone
2. **WARNING** : It’s important that you warn the children that have any very young siblings not to leave the stones where they might reach them
3. **Action** - Ask the children to take a seat at the table and paint their stones

The following week

1. **Direction** - Sit in a circle and ask the children where they left their smilestones and how they think it affected that person.

